

BABY FORMULA FEEDING SCHEDULE

Every baby is different. If you have questions or concerns about feeding, please talk to your pediatrician.

FIRST WEEK

During baby's first week, aim for one 1 to 2 ounces (30 - 60 ml) per feed.

1



2



FIRST MONTH

During the first month babies will begin to eat more. Gradually increase to 3 to 4 ounces (90 - 120 ml) per feed. Be sure to feed baby every 3 to 4 hours.

Track how much baby eats at each feed.

BY MONTH 2

Baby should eat at least 3 to 4 ounces (90 - 120 ml) per feed. Continue to feed baby every 3 to 4 hours. Track how much baby eats at each feed, and aim for 32 ounces each day (960 ml) or more.

3



4



BY 6 MONTHS

By 6 months baby will be eating more with each feed. Baby is now eating 6 to 8 ounces at each feed. Keep a regular feeding schedule with 4 to 5 feedings each day (24 hours)

INTRODUCE SOLIDS

At 6 months most babies are ready to begin exploring solid foods (in addition to formula). Talk to your pediatrician about the best ways to begin introducing solid foods.

5

